

Step 1. Address the Physical.

A. Physically remove objects from your home that can trigger old cravings, desires and behavior.



Step 1. Address the Physical.

B. Remove yourself from bad company.

1 Corinthians 15:33 (NLT2) ³³ “...bad company corrupts good character.”



Step 1. Address the Physical.

C. Stop visiting places where you find trouble, or where trouble finds you.



Step 2. Address Spiritual Issues in the Home

A. As you clean your house from physical items cast out any spirit that may be attached to that item.



Step 2. Address Spiritual Issues in the Home

B. Spiritually remove any presence that doesn't bring peace. Pray. Listen. Cleanse the home using Olive oil to anoint windows and doors.



Step 2. Address Spiritual Issues in the Home

WARNING: Armor Up! Ephesians 6:10-18



Step 2. Address Spiritual Issues in the Home

C. Replace with Spirit Fruit.

Galatians 5:22-23 (CSB Bible)

²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, and self-control...



Step 3. Go to War Against the Flesh. (Sarx).

1 John 2:16 (NLT2)

¹⁶ For the world offers only a craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions. These are not from the Father, but are from this world.



Step 3. Go to War Against the Flesh. (Sarx).

A. Battle in Prayer.

Philippians 2:13 (NKJV)

¹³ for it is God who works in you both to will and to do for His good pleasure.



Step 3. Go to War Against the Flesh. (Sarx).

B. Battle Temptation with scripture. Jesus did. *Luke 4:1-13*



Step 3. Go to War Against the Flesh. (Sarx).

C. Always be on Guard

Proverbs 4:23 (NLT2)

23 Guard your heart above all else, for it determines the course of your life.



Step 3. Go to War Against the Flesh. (Sarx).

C. Always be on Guard

1 Peter 5:8 (NKJV)

⁸ Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.



Step 3. Go to War Against the Flesh. (Sarx).

D. Destroy the Fleshly Appetites by:

New Testament Visual - Crucifixion

Put to death the Old Nature.



Colossians 3:5-9 (NLT).

“So, put to death the sinful, earthly things lurking within you. Have nothing do with sexual immorality, impurity, lust, and evil desires. Don’t be greedy, for a greedy person is an idolater, worshiping the things of this world. But now is the time to get rid of anger, rage, malicious behavior, slander, and dirty language. Don’t lie to each other, for you have stripped off your old sinful nature and all its wicked deeds”

Galatians 2:20.

*“I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me”
(NKJV).*



Luke 9:23-24 (NLT)

“Then he said to the crowd, “If any of you wants to be my follower, you must turn from your selfish ways, take up your cross daily, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it.”



Step 3. Go to War Against the Flesh. (Sarx).

D. Destroy the Fleshly Appetites by:

Old Testament Visual - Circumcision

Cut away Fleshly Appetites.



Romans 2:28-29 (NKJV)

“For he is not a Jew who is one outwardly, nor is circumcision that which is outward in the flesh; but he is a Jew who is one inwardly; and circumcision is that of the heart, in the Spirit, not in the letter; whose praise is not from men but from God.”



Deuteronomy 30:6 (NKJV)

“And the LORD your God will circumcise your heart and the heart of your descendants, to love the LORD your God with all your heart and with all your soul, that you may live”



Jeremiah 4:4 (NKJV)

“Circumcise yourselves to the LORD, And take away the foreskins of your hearts, You men of Judah and inhabitants of Jerusalem, Lest My fury come forth like fire, And burn so that no one can quench it because of the evil of your doings.”



Dear Heavenly Father,

There is a part of me that really enjoys (name the sin specifically). I am so very sorry for the grief I cause you when I participate in this sin. I confess, repent and renounce (name the sin specifically) in my life, both personally and in my generations. I am willing for that sinful part of me to die if it can't be redeemed.



Therefore, I cut it out of my life in the name of Jesus with a double-edged sword, the Word of God, and remove this fleshly part which craves this sin. I crucify the part of me that desires this sin and will daily hang it on the cross until it is no longer a part of my life. I renounce this sin (name it) in the name of Jesus. I command this part of me to die. Remove this from my life Lord Jesus for your honor and glory.



I remember the words of Paul and state my position, “I die daily”. Dear Lord Jesus, resurrect in me the life of Christ. You stated that I am a new creation in Christ. Old things are passed away and you make all things new. I want you to make me new. I ask you Lord Jesus right now to heal my mind, my body, my soul and my spirit from all the effects of this sin. Recreate that part of me to love you as I have never loved you before in Jesus’ Holy and Wonderful name I pray. A-men.

