



Spirit Filled

Spirit Lead



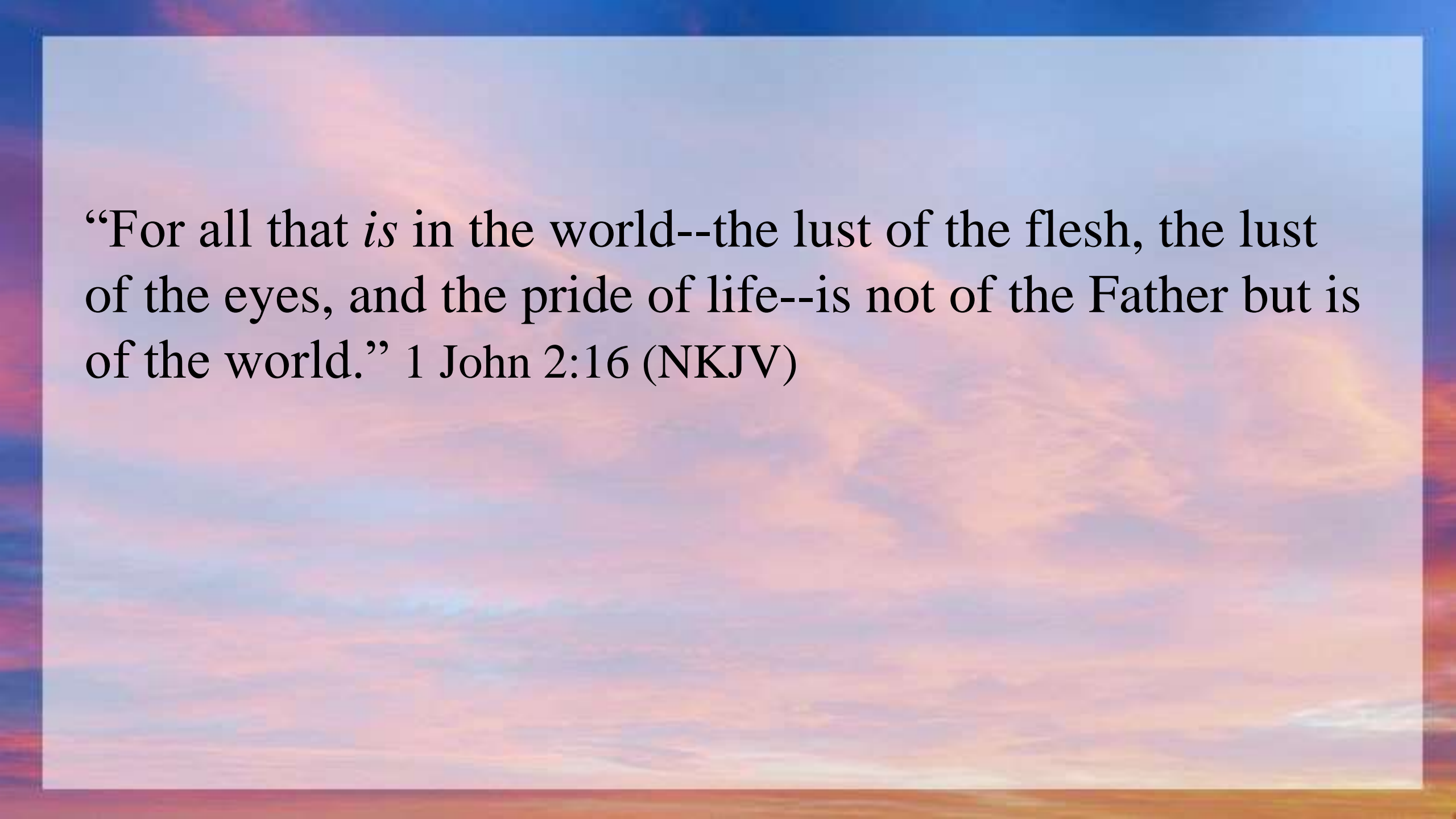
God

PEACE

Zone

Catapults that can sling us from the God Zone

1. Life's Trials
2. Disobedience
3. Appetites for Sin



“For all that *is* in the world--the lust of the flesh, the lust of the eyes, and the pride of life--is not of the Father but is of the world.” 1 John 2:16 (NKJV)

Appetites for Sin

- A. Lust of the Flesh
- B. Lust of the Eyes
- C. The Pride of Life

Matthew 4:1-10 (NLT)

“Then Jesus was led by the Spirit into the wilderness to be tempted there by the devil. For forty days and forty nights he fasted and became very hungry. During that time the devil came and said to him, “If you are the Son of God, tell these stones to become loaves of bread.” (*Lust of the flesh*) But Jesus told him, “No! The Scriptures say, ‘People do not live by bread alone, but by every word that comes from the mouth of God.’” Then the devil took him to the holy city, Jerusalem, to the highest point of the Temple,

and said, “If you are the Son of God, jump off! For the Scriptures say, ‘He will order his angels to protect you. (*Pride of Life*) And they will hold you up with their hands so you won’t even hurt your foot on a stone.’” Jesus responded, “The Scriptures also say, ‘You must not test the LORD your God.’” Next the devil took him to the peak of a very high mountain and showed him the kingdoms of the world and all their glory. “I will give it all to you,” he said, “if you will kneel down and worship me.” (*Lust of the eyes*) “Get out of here, Satan,” Jesus told him. “For the Scriptures say, ‘You must worship the LORD your God and serve only him.’”

Flesh:

Unnaturally strong desires for pleasure

Lust of the Eyes:

Unnaturally strong desires for possessions

Pride of Life:

An unnatural strong desire for the praise of men; boastful, arrogant, proud



A. Lust of the Flesh:
Unnaturally strong desires for pleasure



B. Lust of the Eyes:
Unnaturally strong desires for possessions

And He told them a parable, saying, “The land of a rich man was very productive. “And he began reasoning to himself, saying, ‘What shall I do, since I have no place to store my crops?’ “Then he said, ‘This is what I will do: I will tear down my barns and build larger ones, and there I will store all my grain and my goods. ‘And I will say to my soul, “Soul, you have many goods laid up for many years *to come*; take your ease, eat, drink *and* be merry.” ’ “But God said to him, ‘You fool! This *very* night your soul is required of you; and *now* who will own what you have prepared? “So is the man who stores up treasure for himself, and is not rich toward God.” Luke 12:16-21

Galatians 5:17 (NLT)

¹⁷ The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions.

Steps to overcome Fleshly Appetites

**1. Repent – Tell God and
turn away from your sin**

2. Tell a trusted believer about your struggle.

He who covers his sins will not prosper, But whoever confesses and forsakes *them* will have mercy. Prov. 28:13

Confess *your* trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

James 5:16

“And have no fellowship with the unfruitful works of darkness, but rather expose *them*.¹² For it is shameful even to speak of those things which are done by them in secret.¹³ But all things that are exposed are made manifest by the light, for whatever makes manifest is light.” Eph. 5:11-13

3. **Cleanse your environment**

- a. your home
- b. your friends
- c. stop going to places that causes you to stumble

4. Replace the darkness with light!

Romans 13:12-14 “The night is far spent, the day is at hand. Therefore, let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts” (NLT).

5. Purify the heart

a. Crucify the flesh

Rom. 6:1-7, Colossians 3:5-9, Gal. 2:20, Luke 9:23-24

Galatians 2:20 (NKJV)

20 I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the *life* which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Then he said to the crowd, “If any of you wants to be my follower, you must turn from your selfish ways, take up your cross daily, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it”

Luke 9:23-24 (NLT).

b. Circumcise the Heart

Romans 2:28-29, Deuteronomy 30:20, Jeremiah 4:4

Romans 2:28-29 (NKJV).

“For he is not a Jew who *is one* outwardly, nor *is* circumcision that which *is* outward in the flesh; but *he is* a Jew who *is one* inwardly; and circumcision *is that* of the heart, in the Spirit, not in the letter; whose praise *is* not from men but from God”

“And the LORD your God will circumcise your heart and the heart of your descendants, to love the LORD your God with all your heart and with all your soul, that you may live” Deuteronomy 30:6 (NKJV).

“Circumcise yourselves to the LORD, And take away the foreskins of your hearts, You men of Judah and inhabitants of Jerusalem, Lest My fury come forth like fire, And burn so that no one can quench *it* Because of the evil of your doings” Jeremiah 4:4 (NKJV).

Jesus said,

“So if your hand or foot causes you to sin, cut it off and throw it away. It’s better to enter eternal life with only one hand or one foot than to be thrown into eternal fire with both of your hands and feet. And if your eye causes you to sin, gouge it out and throw it away. It’s better to enter eternal life with only one eye than to have two eyes and be thrown into the fire of hell.”

Matthew 18:8-9 (NLT)