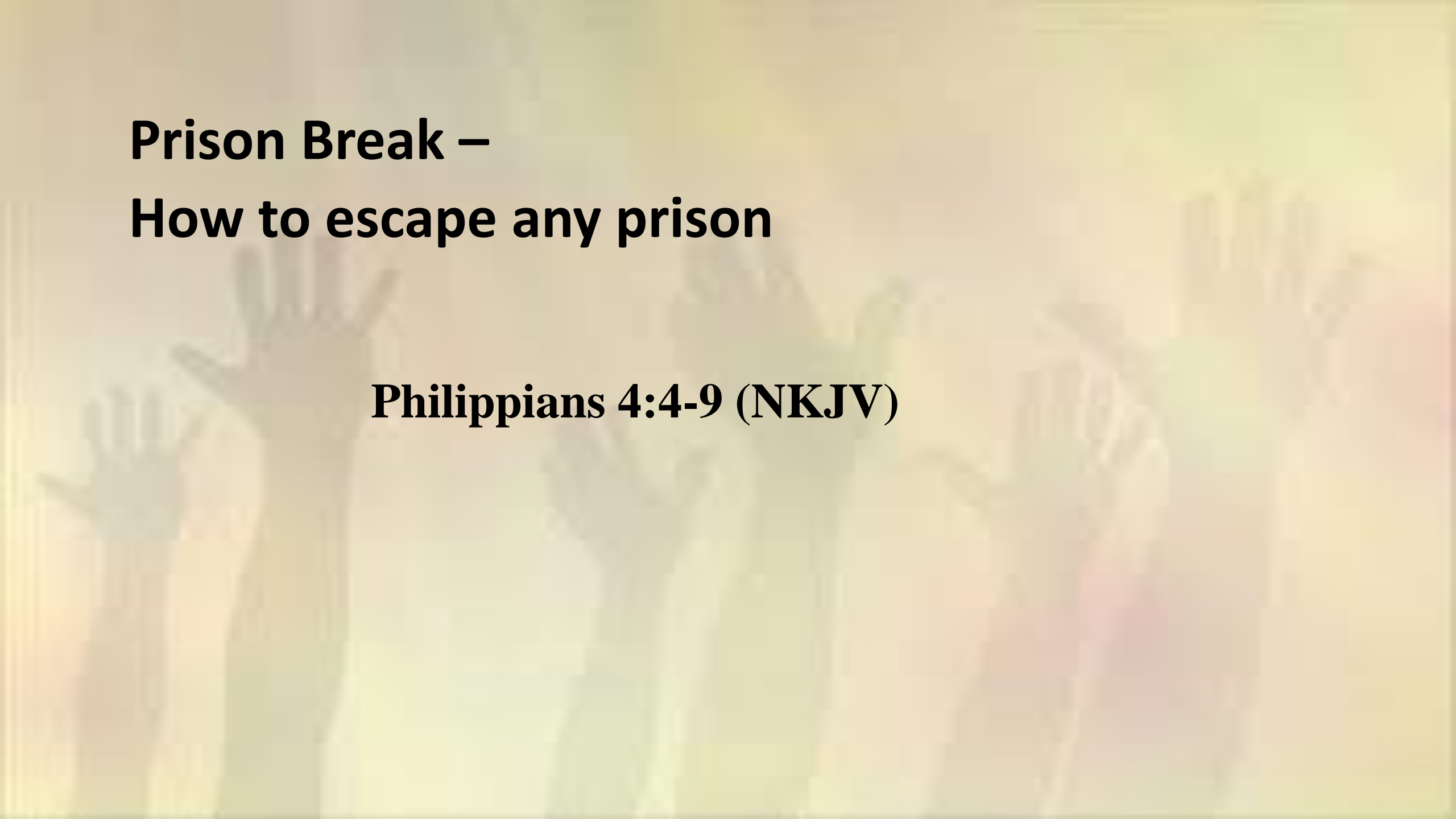


## I John 1:9 (NKJV)

*<sup>9</sup> If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.*

## Philippians 4:8 (NKJV)

*<sup>8</sup> Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy--meditate on these things.*

The background of the slide features a soft-focus image of several hands raised in prayer, set against a warm, golden-yellow light. The hands are positioned at various heights and angles, creating a sense of collective worship or supplication.

# **Prison Break – How to escape any prison**

**Philippians 4:4-9 (NKJV)**

*4 Rejoice in the Lord always. Again I will say, rejoice!*

*5 Let your gentleness be known to all men. The Lord is at hand.*

*6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;*

*7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*

*<sup>8</sup> Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy--meditate on these things.*

*<sup>9</sup> The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.*

# **I. Rejoice in the presence of the Lord.**

*<sup>4</sup> Rejoice in the Lord always. Again I will say, rejoice!*

*<sup>5</sup> Let your gentleness be known to all men. The Lord is at hand.*

## **Psalm 139:7-12, 17-18 (NLT2)**

*<sup>7</sup> I can never escape from your Spirit! I can never get away from your presence!*

*<sup>8</sup> If I go up to heaven, you are there; if I go down to the grave, you are there.*

*<sup>9</sup> If I ride the wings of the morning, if I dwell by the farthest oceans,*

*<sup>10</sup> even there your hand will guide me, and your strength will support me.*

*11 I could ask the darkness to hide me and the light around me to become night—*

*12 but even in darkness I cannot hide from you. To you the night shines as bright as day. Darkness and light are the same to you.*

*17 How precious are your thoughts about me, O God. They cannot be numbered!*

*18 I can't even count them; they outnumber the grains of sand! And when I wake up, you are still with me!*

## II. Rest assured – The Lord Hears you Prayers

*<sup>6</sup> Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;*

1. Look Up!

2. Fess Up!

3. Turn an Attitude to Gratitude!



## **IV. Receive the Peace of God**

*<sup>7</sup> and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*

## **V. Rewire your thinking.**

*<sup>8</sup> Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy--meditate on these things.*

**Think about what you think about.**

# Three sources for thoughts.

1. **God**
2. **Self**
3. **Satan**







































