

God Zone Assignments:

Week 1 Be Filled With The Holy Spirit

Be ready to explain the God Zone to a family member, a friend or a stranger using either Philippians 4:6-7 or John 14:27 or both.

Memorize **Philippians 4:6-7 (NKJV)**

⁶ Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;

⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Read and meditate on **John 14:27 (NKJV)**

²⁷ Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

Or memorize both scriptures

Using the scriptures above, Explain the God Zone to a family member, a friend or a complete stranger.

Be ready to explain the DEN to a family member, a friend or a stranger.

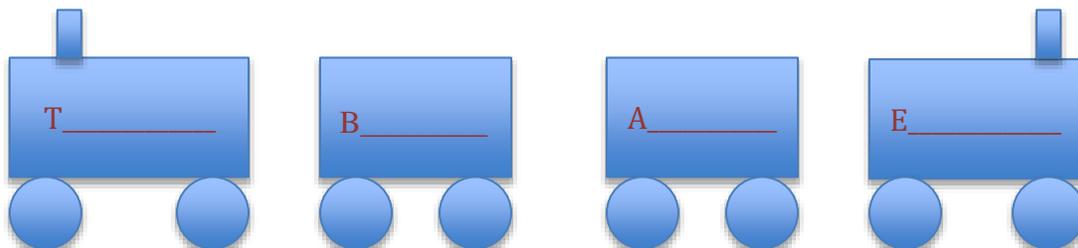
What does the acrostic DEN stand for?

Where do you live, the God Zone or the DEN?

To whom do you normally vent when emotions take control?

When you feel yourself being catapulted into the DEN where should you vent?

The Truth Train



Do you feel you are driven by your emotions or by the truth of God?

Is there anything that was unclear to you in the study thus far?

What do you feel has been the most beneficial for you this week as it pertains to the God Zone Study?

Are there any questions you need to ask?

Daily: Reflect upon your day. Is there anything you need to vent to God about, any anxiety, anger, regret, disappointment, etc. If so, don't wait any longer. Do it now. Take time to call out to your Father in truth. He's listening.

What were the results of you venting to God rather than others?

